



Composting Association of Vermont



## *Feeding Worms to Build Our Soil*

**Feeding Worms to Build Our Soil** is a young program that the **Composting Association of Vermont (CAV)** has launched with the support and collaboration of **Gardeners' Supply Company** of Burlington, Vermont. We are working statewide to teach vermicomposting (composting with worms) in classrooms, pre-school through eighth grade, through how-to instruction and lesson plans. As part of the presentation, a Gardeners' Supply Company representative sets up and demonstrates a donated worm composter. Participants receive activity materials on composting and a batch of red wiggler worms.

Through this project, we hope to teach students organics recycling. They can compost paper, yard debris, such as leaves and grass, and food waste. And classrooms can use the worm castings (compost) in their outdoor classroom to help beautify the school or grow "project" plants indoors.

Teachers and students can learn how to set up a worm bin, feed worms with food scraps, maintain a healthy worm bin ecosystem, and harvest finished compost (worm castings). The program introduces teachers to activities, cross-curriculum ideas, and ways to incorporate worm composting into science, math, social studies, and arts for all age levels. Program fee: \$175. Coordination of schedule: TBD based on classroom.

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